



## **MEETING OF THE BOARD OF DIRECTORS**

**Thursday, January 26, 2017, 5:00 p.m.**

**CSB Campus Board Room  
300 Medical Drive  
Hampton, VA 23666**

### **Board Officers**

Turner M. Spencer, **Chair**      Thomas F. Morehouse, III, **Treasurer**  
Wanda Rogers, **Vice Chair**      Beatrice V. Dahlen, **Secretary**

### **Members of the Board**

Golden Bethune-Hill      Izabela Cieszynski  
Arva Davidson      James Gray, Jr.  
Elva Williams Hunt      June R. Owens  
Sheriff B.J. Roberts      Morgan Russell  
Mary L. Stewart      Timothy L. Supler  
Venerria Thomas



## *V i s i o n*

*The Hampton-Newport News Community Services Board is the premier provider of behavioral health care and intellectual and developmental disability services. We are recognized throughout Virginia for our leadership, excellence and commitment to service. We earn this distinction by creating a community where people can find their own strength and become self-determining.*

## *M i s i o n*

*To provide a comprehensive continuum of services and supports promoting prevention, recovery, and self-determination for people affected by mental illness, substance use, and intellectual and developmental disabilities and advancing the well-being of the communities we serve.*



## **Strategic Planning Goals (2017 - 2021)**

### **Strategic Objective #1**

**To continue to develop the administrative systems and service array necessary to maintain and further the Hampton-Newport News Community Services Board's reputation as THE premier provider in the context of the changing Virginia's behavioral health system.**

### **Strategic Objective #2**

**To pursue further revenue diversification and expansion of services, supports, and prevention activities so that the Hampton-Newport News Community Services Board can improve the quality of life for the individuals, families, and communities we serve.**

### **Strategic Objective #3**

**To celebrate and communicate the Hampton-Newport News Community Services Board's performance and reputation as a center of excellence and center of influence, through ongoing engagement of the community we serve.**

# INDEX

## HAMPTON-NEWPORT NEWS COMMUNITY SERVICES BOARD MEETING OF THE BOARD OF DIRECTORS

Thursday, January 26, 2017 - 5:00 p.m.

<u>Documents</u>	<u>Page #</u>
<i>Cover Letter</i> .....	1
<i>Agenda</i> .....	2
<i>Action Items</i> .....	3
<i>Consideration Item</i> .....	4
<i>Information Items</i> .....	4-5
<i>Program Highlights</i> .....	6-22
 <i>Enclosures</i>	
- - - <i>A-1. Minutes of the Board of Directors Meeting, December 15, 2016</i> .....	23-30
- - - <i>Board Planning Calendars</i> .....	31-32
 <b>Red Folder Items</b>	
- - - <i>Media Information</i>	



**DATE:** January 19, 2017  
**TO:** Members of the Board of Directors  
**FROM:** Natale Christian, Executive Director  
**SUBJECT:** **Meeting of the Board of Directors  
 Thursday, January 26, 2017, at 5:00 p.m.  
 CSB Campus Board Room, 300 Medical Drive, Hampton, VA**

Greetings Members of the Board:

Happy New Year! Hopefully everyone fared well during the recent snow emergency. Although we were forced to close the agency on January 9<sup>th</sup>, Members of the Board of Directors will be happy to know that there were no major incidents as a result of the snow storm.

As we move into 2017, there has been a great deal of support for mental health initiatives and moving the system forward from both the Governor, Members of the General Assembly, and Members of Congress. We have met with several of our local legislators and had the opportunity to speak with Senator Kaine as he visited our Southeastern Family Project program for pregnant women in December. Additional information and updates will be provided for you at our upcoming Board of Director Meeting.

Moreover, attached for your review and consideration are the Agenda and Package for the **FY17 Board of Directors Meeting** of the **Hampton-Newport News Community Services Board** scheduled at **5:00 p.m.** on **Thursday, January 26, 2017**. At our meeting, information will be shared with Members of the Board from various Standing Board Committees to include: Members of the **Board Quality Management Committee** who held their first meeting on **Wednesday, January 11<sup>th</sup>, at 4:00 p.m.** which was followed that same date at **5:00 p.m.** by Members of the **Strategic Planning Committee** who also reconvened for the first time this fiscal year. Members of the **Nomination and Selection Committee** also met this month on **Thursday, January 12<sup>th</sup>, at 4:00 p.m.** to continue their fiscal responsibilities. Furthermore, Members of the **Budget, Finance and Audit Committee** are scheduled to hold their next meeting this coming **Monday, January 23<sup>rd</sup>, at 4:00 p.m.**, and will be followed immediately by a meeting of Members of the **Community Relations / Governmental Affairs Committee** at **5:00 p.m.** that same day. Please remember that all Members of the Board of Directors are welcome to attend these meetings.

We look forward to seeing you next week at the Board of Directors Meeting, and we thank you for all you do for the individuals served at the Hampton-Newport News Community Services Board!

NWC:gvm  
 Enclosures

## MEETING OF THE BOARD OF DIRECTORS

Thursday, January 26, 2017, 5:00 p.m.

CSB Campus Board Room

### A G E N D A

1. **Call to Order**
2. **Remarks of the Chair**
  - Introduction of Guests
  - Other Remarks
3. **Public Comment**
4. **Presentation: Jail Diversion & Crisis Intervention Team Update – Dean Barker**
5. **Action Items**
  - **A-1** Minutes of the Board Meeting of December 15, 2016
  - **A-2** Nomination & Selection Committee Recommendation
6. **Standing Board Committee Reports**
  - Board Quality Management Committee
  - Strategic Planning Committee
  - Nomination and Selection
  - Community Relations / Governmental Affairs
  - Budget, Finance and Audit Committee
7. **Consideration Item**
  - **C-1** Revive Training – *January 31, 2017*
8. **Information Items**
  - **I-1** Integrated Care Model
  - **I-2** Addiction Recovery Treatment Services (ARTS)
  - **I-3** Commonwealth Coordinated Care Plus / MCO
9. **Program Highlights**
10. **Adjournment**

## ACTION ITEMS

January 26, 2017

### **A-1. Minutes of the Board of Directors Meeting of December 15, 2016**

**Issue:** Board approval of the Minutes of the Board of Directors Meeting held on Thursday, December 15, 2016.

**Background:** Minutes of the Meeting held on December 15, 2016, are included in the Board Package for review by Members of the Board of Directors.

**ACTION:** Board approval of the Minutes of the Board of Directors Meeting held December 15, 2016.

**Enclosure:** Minutes of the Board of Directors Meeting of December 15, 2016.

### **A-2. Nomination and Selection Committee Recommendation**

**Issue:** FY18 Board of Director Membership.

**Background:** Members of the Nomination and Selection Committee held a meeting on Thursday, January 12, 2017, at 4:00 p.m. to discuss, among other Committee responsibilities, Board Member Tenure that is scheduled to expire as of June 30, 2017, in the cities of Hampton and Newport News. Following lengthy discussion and review, it was announced that several Members of the Board were eligible for reappointment in their respective cities.

To that end, Members of the Nomination and Selection Committee would like to propose a recommendation that Members of the Board of Directors approve the reappointments of several Board Members whose Membership Tenure is scheduled to expire as of June 30, 2017.

**ACTION:** Board approval of the reappointments of several Members of the Board whose Membership is scheduled to expire as of June 30, 2017.

## CONSIDERATION ITEM

### C-1. H-NNCSB REVIVE Training

**Issue:** Special REVIVE Training for Members of the Board of Directors and the Executive Leadership Team.

**Background:** To respond to Virginia's opioid epidemic and increased deaths from overdoses, staff of the H-NNCSB have been conducting monthly REVIVE Trainings on the Peninsula. At the November 14, 2016, meeting of Members of the Community Relations / Governmental Affairs Committee, lengthy discussion was held regarding the availability of REVIVE training and how to sign up and/or refer individuals to this special lay user training. During this meeting, staff provided Members with the number of trainings already provided and held discussion on the training process and Naloxone, the drug used to treat opioid overdoses. This discussion prompted a REVIVE Training Presentation to Members of the Board at the December 15, 2016.

Members are invited to participate in a special REVIVE Training event scheduled exclusively for Board Members and the Executive Leadership Team on **Tuesday, January 31, 2017**.

**ACTION:** While there is still time, please inform Ms. Mercado of your interest in attending the H-NNCSB REVIVE Training on Tuesday, January 31, 2017.

## INFORMATION ITEMS

### I-1. Integrated Care Model

**Issue:** Many Individuals Who Have Behavioral Health and Substance Use Disorders, Also Have Extensive Physical Health Needs.

**Background:** The H-NNCSB strives to provide services that meet the needs of the individuals whom we serve in a comprehensive, holistic manner. It is in our best practice to provide integrated behavioral health and primary care services. In June 2015, the H-NNCSB, in partnership with Southeastern Virginia Health Services (SEVHS), formerly known as PICH, opened a primary healthcare clinic on Campus where they see H-NNCSB patients. Additionally, in July 2016, through a contractual relationship with Genoa Pharmacy, the agency added full pharmacy services to H-NNCSB patients and staff. Some future goals of the CSB include adding dental services and Rapid Access to treatment.

**Update:** The H-NNCSB, SEVHS, and Genoa Pharmacy continue to provide integrated care on the H-NNCSB Campus. The clinic is now open 4 days each week: clinic hours have expanded as referrals have increased. There were 36 clients referred in the month of December to the primary care clinic. Genoa Pharmacy served 500 clients in December.

**I-2. Addiction Recovery Treatment Services (ARTS)**

**Issue:** Heroin and Other Opiate Addictions Have Become an Epidemic in Virginia and Across the Country.

**Background:** The H-NNCSB currently provides a full continuum of substance abuse treatment services to include, Outpatient, Medication Assisted Treatment, Day Treatment, Substance Abuse Case Management, Drug Treatment Courts, Jail Based Services, and Residential Treatment for pregnant women. However the agency has a waiting list for SA services.

**Update:** In response to this increasing need, the agency is currently evaluating existing services and developing a comprehensive plan to enhance our continuum of Substance Abuse Treatment Services. Mr. Anthony Crisp, Deputy Executive Director, and Mrs. Patty Hartigan, Director of Substance Abuse Services, are taking the lead in the planning and development of expansion of services. A plan will be submitted to the Executive Leadership Team in February for review.

**I-3. Commonwealth Coordinated Care Plus / CCC Plus**

**Issue:** Effective July 1, 2017, the Department of Medical Assistance (DMAS) will implement a New Managed Care Program for Individuals Enrolled in Medicaid and Medicare.

**Background:** The Department of Medical Assistance (DMAS) is scheduled to implement a new managed care program for individuals enrolled in Medicaid and Medicare referred to as Commonwealth Coordinated Care Plus or CCC Plus. CCC Plus will require changes to how Community Service Boards administer and bill for services. These changes will also require that H-NNCSB contract with 7 insurance companies chosen by DMAS.

The Executive Leadership Team is in the process of developing an implementation plan to incorporate this major change to the CSB's continuum of care. Mr. Robert (Bob) Deisch, H-NNCSB Director of Adult Clinical Services, will provide an overview of the CCC Plus program at the February Meeting of the Board.

# PROGRAM HIGHLIGHTS

## MEDICAL SERVICES

**Baltej S. Gill, M.D., D.F.A.P.A., Senior Medical Director**  
**Anne Whitaker, Director of Nursing Services**

### **1. ACOS Physicians / Therapy / Intake / Front Desk Staff**

#### Program Utilization

#### **Comprehensive Adult Outpatient Services completed**

- 2781 Total Case load
- 264 Therapy Sessions December
- 50 New Psych. Evaluations Completed for December
- 18 Hospital D/C
- 31 Discharges from therapy December
- 51 Discharge from ACOS programs
- 81 Intakes completed by Clinical Assistants for the months December

#### Significant Program Activities

In an effort to enhance our collaborative partnership Anne Whitaker attended the Coalition on Chronic Condition Awareness at the Peninsula Health District on December 5th

#### Significant Staffing Issues

Nurse Practitioner resigned, we are currently down 2 Psychiatrist positions and 1 therapist position A new Peer Support Specialist, Sherri Carrigan, was hired.

EMPOWERED MH Support Group-in final stages. Group will begin mid-January. Open to COS clients. Second S.T.A.R.T- group began December and receiving favorable reviews.

### **2. Geriatric Services**

Geriatric Medication Management Caseload = 564, Total Psych evals =9, Total Hospital d/c = 4

### **3. Program for Assertive Community Treatment (PACT)**

#### Program Utilization

PACT's current enrollment is 102. Medicaid enrollment is 66. We have 12 non-Medicaid consumers. 20 consumers are currently in jail or the hospital and continue to be monitored. 3 consumers are currently Medicaid pending. We have 1 consumer living in Richmond, receiving services there, but are still enrolled in PACT for monitoring of their DAP plans.

#### Significant Program Activities

Program census was increased by 2 this past month. These individuals were enrolled under the forensic enhancement which brings us up to 15 enrolled under the forensic enhancement. We had been required to meet the goal of 14 enrolled by December 31st so we met that target. We are planning to enroll 6 more individuals under the forensic enhancement. PACT had a Christmas

party for our clients on December 8th in which we were able to provide our clients with small gifts donated by NAMI.

#### 4. Bright Beginnings

Open for a total of 21 days. We are currently advertising for a vacant Adult Day Support Counselor position, which we hope to fill by the end of January. Despite our efforts, the holidays proved challenging with individuals leaving to visit family and not attending scheduled days, minimum of 3 days a week.

Average daily attendance was 22, which is consistent with November. Our highest day of attendance was 27 and our lowest was 16. No program discharges this month.

Community outings this month included; Craft Stores, Big Lots, Dollar General, Fort Eustis Transportation Museum, TECH Center, Yankee Candle & Colonial Williamsburg, Target, MacArthur Center, Hampton Library, Patrick Henry Mall, Dollar Tree and Pet Store. Individuals also assisted staff with unit supply shopping at Walmart & BJs.

Fun Day Activities included; Pajama Day, Musical Chairs & Line Dancing, Bingo, Gingerbread House Decorating Contest, and New Year Trivia. We had our Annual Holiday Party with Santa and his Elf, and a DJ on Friday 12/16/16. Individuals dressed up, took pictures with Santa and his Elf, danced and enjoyed a holiday meal. Individuals from Creative Options were invited to dance with us too!

Crisis Intervention Team Training came to program site on 12/6 for tours and it was successful. Trainees asked questions and were provided details about PSR services and benefits to the MH community.

DARS Vocational Counselor was on site this month and individuals referred for services. Dorothy Wright, DARS Vocational Counselor, continues to visit us once a month to receive new referrals and follow up with current individuals.

## YOUTH AND FAMILY CLINICAL SERVICES

Lisa S. Hogge, Director

### 1. Newport News Juvenile Drug Treatment Court (NNJDTC)

- NNJDTC provided intensive treatment services supervision (individual, family and group), and case management services to 10 youth during the month of December 2016. Based on escalation of violence with youth, there has been some hesitation on the part of the Commonwealth Attorney's Office with the screening and acceptance of some referred participants. A Team Planning Session is scheduled which will include this topic.
- As of January 1, 2017, the H-NNCSB has provided treatment services for the NNJDTC for **10 years** as requested by the participating Juvenile and Domestic Relations Court Judges. Dr. Nadia Boyd, LCP, has led this effort as she transitioned from Evaluation Services to become the Clinical Coordinator on January 1, 2007, and later the Program Administrator (July 1, 2009)

after the Newport News City Manager requested that the H-NNCSB assume management of the grant-funded program. Case Manager, Erick Dunn's service to the program preceded the H-NNCSB's involvement.

## 2. Juvenile Justice Services

### Hampton Court Services Unit (H-NNCSB Clinical Services)

- Dr. Hood, LPC, Clinical Coordinator for the H-NNCSB, provided training for the Hampton Court Services Unit staff on *Maintaining Self-Care* on December 16<sup>th</sup>.
- January 1, 2017, marked 10 years since the H-NNCSB implemented the Hampton Mental Health Screening Initiative (MHSI) with Hampton Juvenile and Relations Court and Court Services Unit. Nicole Jackson, LPC, current Treatment Coordinator for Newport News Therapeutic Day Treatment, returned the H-NNCSB to assist in making this endeavor successful and was followed by other critical stakeholder partnerships.

### Newport News Court Services Unit (H-NNCSB Clinical Services)

- Dr. Boyd, LCP, Juvenile Drug Court Administrator, and Christina Thomas, M.A., Clinical Coordinator, provided Clinical Training for the Newport News Court Services Unit on December 16<sup>th</sup>.
- Reliance on clinical services and consultation at the Newport News Court Services Unit continues to increase with Mental Health, Screenings, Assessments, Service Linkage and Clinical Groups, including the Tiered Substance Abuse Education & Treatment intervention.

## 3. Hampton Therapeutic Day Treatment Services – Youth Parent Empowerment Program (YPEP)

- H-NNCSB Therapeutic Day Treatment (TDT) Programs held a combined (Hpt & NN) *Winter Connect Event* on December 9<sup>th</sup>, bringing staff who work in remote locations into schools throughout the 2 cities for joint education and training. Ms. Alethea Lambert, Peer Recovery Coordinator with the H-NNCSB Substance Use Disorder Division, supported us by presenting on Peer Support Services as staff addressed the needs of families of students.
- The CSB is now represented on the new *Superintendent's Climate and Culture Task Force*. The initial meeting was held on December 14<sup>th</sup>, and the next meet will be on January 18<sup>th</sup>. The Task Force is comprised primarily of Hampton City Schools Leadership, key stakeholder representation, and providers who address the ongoing needs and coordination of services available to students and families. We continue to be represented on other stakeholder collaboratives that represent the CSB and the City's continuum of care.
- Intensive Therapeutic Day Treatment Services was provided to 249 Students during the month of December. This included 12 students that we were unable to continue serving based on extended Medicaid lapses or denial of Magellan Authorization and/or Reauthorization.

- 24 Assessments, including Initial & Annual Reassessments
  - 3 CSI (1 FAPT Referral being pursued)
  - Substance Abuse Psychoeducational Groups – H-NNCSB provided 3 full-day Psychoeducational Sessions for Hampton City Schools (December 10<sup>th</sup>, 17<sup>th</sup>, and 29<sup>th</sup>) for Students with Substance Abuse infractions, allowing them to return to their home school from alternative education or to present placement. Juvenile Justice and Juvenile Drug Treatment Court clinicians assisted in supporting this effort.
- The Therapeutic Day Treatment Program (TDT) continues to adjust our workflow (*Also Relevant for Newport News TDT*) based on:
- Stricter interpretation of eligibility requirements by Magellan;
  - Shorter authorization periods being approved to discontinue services (1 month);
  - More cumbersome Prior-Authorization/Reauthorization requirements along with tracking now required by Magellan which is specific to TDT Services;
  - Since the discontinuation of VICAP, there has been a substantial increase in referrals for students who do not meet TDT eligibility;
  - Preparation of announced changes by Magellan to TDT Services for Summer Enrichment Programs that will have a significant impact on resources and the ability to reestablish clinical services or services during the summer, as well as the beginning of each school year; and
  - H-NNCSB will work with other CSB Statewide partners with the TDT Coalition. H-NNCSB is hosting the next meeting on February 3<sup>rd</sup>.

#### 4. Newport News Therapeutic Day Treatment Services (TDT)

- Newport News Public Schools (NNPS) has requested that H-NNCSB provide Clinical Training Sessions on January 30<sup>th</sup>, to their Student Intervention Specialists and Professional School Counselors.
- As indicated above, in Hampton TDT, we held a combined (Hpt & NN) *Winter Connect Event* on December 9<sup>th</sup>.
- Provided intensive Therapeutic Day Treatment Services to 261 Students. This included 11 students that we were unable to continue serving based on extended Medicaid lapses or denial of Magellan Authorization/Reauthorization.
- 21 Assessments including Initial and Annual Reassessments
  - 1 CSA Funded Case (*Closed 12/31/16*)
  - Preparation of announced Magellan changes to TDT Services for Summer Enrichment Programs that will have a significant impact on resources and ability to reestablish clinical services during the summer, as well as the beginning of each school year; and
  - H-NNCSB will work with other CSB Statewide partners with the TDT Coalition. Their next meeting is scheduled on February 3<sup>rd</sup>, and will be hosted by the H-NNCSB.

## 5. Juvenile Detention

- CSB Clinicians in Juvenile Detention have continued to provide crisis support in Juvenile Detention, including increased ability and coordination with C&A COS and use of the Children's Behavioral Health Urgent Care Center to access immediate psychiatric assessment. Crisis response has included assessment at Newport News Juvenile and Domestic Relations Court, including in coordination with CSB Clinical Staff allocated to Newport News City Jail.

## 6. Child and Adolescent Comprehensive Outpatient Services: Outpatient Therapy, Psychological and Forensic Services, Psychiatric Services, and VICAP

### Psychiatric Services

- Dr. Audi's caseload is at 324 and he continues to devote 10 hours per week to the Children's Urgent Care Program. Dr. Shrivastava's outpatient caseload is at 237 which is more than adequate if telepsychiatry grows to 30 hours per week.

### Child and Adolescent Outpatient Therapy

- Shantora Chamberliss, LCSW resigned her position the end of December to move to South Carolina. She had been with outpatient for three years and had come to us from Therapeutic Day Treatment. This leaves us with 5 full-time therapists. Heather Nickerson, LPC has transferred from VICAP and is beginning to build a caseload. The changes in two out of six outpatient therapist positions over the course of the last few months are presenting an ongoing challenge to revenue production and the ability to manage the flow of referrals for therapy.

### Psychological and Forensic Services

- Referrals for psychological testing are coming in a fairly consistent pattern that allows us to schedule usually within a month. This responsiveness, along with repeated follow-up contacts, leads to a good completion rate for this time intensive service.
- Ellen Moriarty, LCSW is leading two specialized groups for adolescents. One is a trauma group for boys utilizing Cognitive Processing Therapy. The other is a group for adolescent girls that utilizes Dialectical Behavior Therapy. These groups represent the use of evidenced based approaches that target populations particularly in need of intervention.

## 7. Child and Adolescent Mental Health Case Management

### Activities

- Provision of liaison services to Departments of Social Services in both cities.
- Representation on Family Assessment and Planning Teams in both cities.
- Representation in Hampton on the Truancy Response Team and Community Assessment Team.
- Representation on discharge planning teams for Commonwealth Center for Children and Adolescents.

- Representation on the Health Committee of the Smart Beginnings of the Virginia Peninsula.

#### Productivity

- 13 existing full time Case Managers, 2 part time Case Managers, 7 recently hired Case Managers, & 3 Case Managers separated from the program.
- Services provided to 478 children and adults.

#### Updates

- Preparations made for Independent Assessment Certification and Coordination (IACCT) Team, a newly developing entry point for youth and their families, who are seeking residential services.

#### Community Events

- Program leadership and other designated agency staff attended a Hampton Systems of Care (SOC) Training on December 2, 2016 which was facilitated by The Honorable Jay Dugger, Hampton Juvenile and Domestic Relations Court and Wanda E. Rodgers, Director of HDHS and Vice Chair of the HNNCSB Board. Stakeholder presentations were made by Betsy Clark, Hampton CSA Administrator, Ellen Madison, Director of Hampton Court Services Unit and Lisa Hogge, of the HNNCSB. The training was designed to educate attorneys, GALs, and community public and private partners about the interconnectedness of the Hampton SOC and its positive outcomes for children and families.

### **Intensive Care Coordination**

#### Activities

- Coordination with local stakeholder agencies to promote serving youth in the least restrictive level of care.
- Utilization management for Children's Services Act offices in both cities.
- Safety planning, crisis response and coordination with crisis intervention clinicians on behalf of youth and families.

#### Productivity

- 3 existing full time ICC's, 1 recently hired ICC
- Services provided to 39 youth.

#### Updates

- Preparations made for Independent Assessment Certification and Coordination (IACCT) Team, a newly developing entry point for youth and their families, who are seeking residential services.

### **Newport News Healthy Families Case Management**

#### Activities

- Provision of evidence based Healthy Families home visiting services to: reduce child maltreatment and promote school readiness, positive parenting, family self-sufficiency, and health in children.
- Home visits occur 1 to 4 times per month.

- Use of Healthy Families curriculum and Targeted Mental Health Case Management.
- Participation in the Oral Health Committee of Smart Beginnings of the Virginia Peninsula.

#### Productivity

- 3 existing full time Case Managers, 1 recently hired Case Manager
- Services provided to 89 youth.

#### Updates

- Newport News Healthy Families is being considered as a Comprehensive Health Investment Program (CHIP) of Virginia site, which could allow for a nursing component to their provision of home visiting services.

### **Hampton Healthy Families Case Management**

#### Activities

- Provision of evidence based Parents as Teachers home visiting curriculum to: detect developmental delays and health problems, achieve elementary school success, increase parenting knowledge and involvement in their children's schools, and promote children's language and literacy.
- Home visits occur 1 to 2 times per month.
- Use of Parents as Teachers curriculum and Targeted Mental Health Case Management.
- Representation on the Hampton TANF Assessment and Planning Team.

#### Productivity

- 1 existing full time Case Manager, 1 recently hired Case Manager, 1 Case Manager separated from the program.
- Services provided to 62 youth.

### **Children's Mobile Crisis Intervention**

#### Activities

- Crisis assessment, intervention, and safety planning for youth at risk of out of home placement.
- Crisis counseling and follow up.
- Coordination and access to psychiatric services.
- Linkage to needed services.

#### Productivity

- 1 full time Licensed Professional
- Services provided to 8 youth

#### Updates

- Preparations made for Independent Assessment Certification and Coordination (IACCT) Team, a newly developing entry point for youth and their families, who are seeking residential services.

## 8. Child and Adolescent Intellectual and Developmental Disabilities Case Management

### Activities

- As of July 1<sup>st</sup>, the CSB's became the point of entry for DD waiver screenings under the ID/DD Waiver Redesign. To date, 18 DD waiver screenings have been completed by the Child and Adolescent IDD CM program at HNNCSB.

### Productivity

- Child and Adolescent IDD Case Management is budgeted for 288 units per month.
- For December, 277 IDD CM Units were billed. There were 9 individuals that were not billable due to hospitalization, incarceration, ineligibility, and unable to contact for treatment planning.
- The program is working with IT and Financial Services to be able to appropriately bill for the 18 DD Waiver Screenings. This will result in additional unbudgeted revenue for the program.
- Staffing Issues that Affect Productivity: One FT Case Manager on FMLA for the month of December with an expected return date of January 9, 2017.

### Updates

- The first Waiver Slot Assignment Committee meeting under the new waiver redesign will occur on January 23 and 24<sup>th</sup> at the HNNCSB. There are 27 waiver slots that will be assigned to individuals DD Waiver Waitlist. 35 individuals from Child and Adolescent IDD Case Management will be presented at this meeting.

### Community Events

- Tracey Charity-Ray, Manager and agency representative for Project Search participated in the Project Search Open House on December 6, 2016 at Sentara Careplex Hospital. The target audience of the Open House was students, teachers and parents from Hampton and Newport News Public schools that may be interested in participating in the community based transition program for students with disabilities ages 18-21. Participants were provided with information regarding H-NNCSB programs and the referral process.

## 9. Prevention Services

- The Prevention Services Department, through our agreements with Alternatives, Inc., is continuing to offer ALS PALS in child care centers, RELATE, Relationship Education Leading Adolescents Toward Empowerment in the High Schools, LIFE Skills Program in the Middle Schools and Strengthening Families in the community. Our Region V Prevention Council received a \$125,000 grant to increase Suicide Prevention training in our area. Mental Health First Aid trainings are scheduled for January and March.
- Because the Hampton-Newport News Community Services Board has demonstrated a strong willingness and capacity to impact family wellness at the community level, DBHDS has chosen the HNNCSB to participate in a pilot, along with only six other CSB's to develop a Family Wellness Program Model that focuses on moving towards addressing the social and environmental forces that impact a family's chance to be successful.

- Prevention services completed a required DBHDS Community Needs Assessment for the Hampton- Newport News CSB on the topic of Underage Drinking and Alcohol Related Motor Vehicle Crashes in the cities of Hampton and Newport News.
- Strengthening Families Program concluded at Eagle Institute in Newport News with 13 families attending with 45 participants. Graduation took place January 4<sup>th</sup>.

#### **10. Children’s Behavioral Health Urgent Care Center (CBHUCC)**

- The Children’s Behavioral Health Urgent Care Center served 18 new Children during the month of December while maintaining an average of 30 active clients. We continue to serve as a Regional Service Provider for HPV as 39 % of our referrals were from Boards other than our own. We maintained 61% of our referrals from the Hampton Newport News catchment area. There was a 50/50 breakdown between male and female clients seen this month. The primary age of the individuals referred were high school aged students. The primary reason for referral was decompensation. All of the children were insured with three of them being Medicaid pending.
- The following Regional Trainings arranged by [The Children’s Behavioral Health Urgent Care](#) have been finalized:
  - February 22, 2017 - [Autism Spectrum Training](#), Presenter: Dr. William Killion
  - April 14, 2017 - [Beyond Poverty and the Brain: Inspired Ways to Understand and Respond to Poverty](#), Presenter: Shuana King, Ed. S, Upside Down Organization
  - July 14, 2017 - [“Change your Language, Change Their Lives: What Adults Can Say Differently Today to Change the Tomorrows of Our Youth”](#) Presenter: Shauna King, Ed.S, Upside Down Organization

#### **11. Therapeutic Mentoring**

- Program continues to provide several group events offering a wide range of activities designed to promote appropriate social opportunities and teach coping strategies for program participants.
- Peer groups scheduled in the month of December focused on personal responsibility, appropriate conversational skills, increasing self-esteem, interpersonal skill building and the development of healthy lifestyle habits.
- Full time and part time staff meetings continued to be held on a monthly basis to provide informational sessions for staff that address programmatic successes, challenges and changes and to provide a forum for staff to address any concerns.
- Eighteen youth in the program received CPR training and certification during the month. This training was offered to build confidence and make youth in the program more marketable in the area of employability.
- Paul Greggs, Therapeutic Mentor, secured 25 holiday baskets for the families of youth in the program and all 25 baskets were distributed by staff.
- 13 existing full time Therapeutic Mentors, 11 part time Therapeutic Mentors.
- Services provided to 131 youth.

- Targeted units per month: 2305; for the month of December 2016: 2500. This is 57 units higher than November 2016 and 175 units higher than October 2016.
- The program has six additional referrals pending scheduled to be opened in January.

## **ADULT CLINICAL SERVICES**

**Robert Deisch, Director**

### **1. Governors Access Plan (GAP)**

#### **Program Utilization**

We have completed 1,145 assessments and 994 individuals have been approved for full GAP coverage. This allows individuals to obtain primary health care, pay for medications and other behavioral health services.

### **2. Integrated Primary Health and Behavioral Health Care**

#### **Program Activities**

We currently have an agreement with Optima Health to provide a Behavioral Health Home which is integrated primary health and behavioral health care. This is a pilot program that started in July 2015 and there are 33 consumers identified as possible candidates for the pilot project. These individuals, if agreeable, would allow the CSB to provide information from their psychiatric visits be sent to their PCP. There are currently 19 out of the 33 consumers who have agreed to be in this pilot program and they can retain their current PCP or switch to SEVHS at the CSB location.

Southeastern Virginia Health Services (SEVHS), formerly known as PICH, continue to provide primary medical care services in building 400. The clinics and case managers continue to make referrals for medical services.

### **3. Homeless Services**

#### **Staffing Activities**

Safe Harbor is currently full with a count of 23. Onward has two openings that should be filled in the next week and the current count is 14. The apartment is being cleaned and have a few maintenance issues that need to be fixed. Emergency housing is full with a total count of 8. The PATH outreach program and NN outreach program are currently servicing about 75 individuals. Community based case management services are in place for all clients and they are receiving services that will assist with resolving homelessness and address MH and medical needs. South Eastern Virginia Health Services on campus clinic has been helpful.

#### **Program Activities**

The winter shelters have opened in Newport News and Hampton. This is so important to PATH and NN Outreach client that remain unhoused. The PATH Outreach Specialist does outreach in the Hampton shelters every Monday evening and the Newport News Outreach Specialist provides outreach in shelters on Tuesday and Thursday evenings.

Emergency Housing had enough in the budget this year to replace some needed furniture items. Replacement items were bought at a reasonable cost through Cort Furniture. Old furniture was able to be shared with some Road to Home Client's that are just moving into apartments.

GAP insurance continues to be a great assets to clients and improves access to treatment.

#### **Staffing Activities**

The Homeless Programs are currently fully staffed.

#### **4. Adult Mental Health Case Management (AMHCM)**

The program is currently serving 442 individuals. Case Management met 84% of their CCS3 goal for Nov. There are 30 Clients on the Medicaid waiting list and 32 on the GAP waiting list. Case management program continues to work closely with COS to reduce the no show rate and ensure clients are keeping their scheduled appointments.

#### **Staffing Activities**

The program is currently fully staffed.

#### **5. Regional Supervised Housing**

##### **Program Utilization**

The house remains full. Population of 12, with 1 client off site at Riverside Regional Hospital

##### **Program Activities**

Ten residents participated in the monthly meeting, which was held on December 12, during which time the focus was on developing an activity calendar for the month of January; reviewing two (2) program rules; and review of one (1) client right. Staff also reiterated fire safety as it pertains to properly disposing of cigarettes. Establishing healthy eating habits was also discussed.

Clients have been provided training on money management. This will allow them to make better choices when managing their money during scheduled activities.

➤ The following outings/activities were scheduled for this month:

- 12/6: YMCA
- 12/7: Wacky Wednesday @ Cinema Café
- 12/10: Planet Fitness
- 12/10: Holly Days Hampton Parade
- 12/13: Planet Fitness
- 12/21: Wacky Wednesday @ Cinema Café
- 12/26: Bowling @ Spare Times

##### **Staffing Activities**

Due to recent resignations, the Program Supervisor and part time CSA II position is available. The full time MHSS Counselor position has been filled.

## **6. Enhanced Care Coordination Case Management (ECC)**

### **Program Enrollment**

Currently the Dual Eligible Project has 34 Anthem clients, 4 Humana Beacon clients, 3 Virginia Premier clients and 1 Optima client.

## **7. Road 2 Home / Cooperative Agreement to Benefit Homeless Individuals (CABHI)**

### **Program Utilization**

Since the second week of January we have outreached a total of 458 individuals. Out of the 458 we have pre-enrolled 86 and we have housed 48. The month of December we have outreached 26 individuals and pre-enrolled 4 and we have housed 5.

The goal of the grant is to provide access to behavioral and primary health, obtain benefits and employment and to find and retain permanent supportive housing. Road 2 Home has used up our housing vouchers that were provided for our program. We are going to continue working towards our goal however it will be difficult placing clients in housing without housing vouchers available.

## **Hampton and Newport News Adult Drug Treatment Courts**

**Sherry Glasgow, Administrator**

### **1. Hampton Drug Treatment Court Program (HDC)**

#### **Program Utilization**

The program treated 40 people during the month of December. One (1) new participant entered and there were no referrals. A total of 406 drug screens were completed with 1 positive result. All community partnerships were maintained and services were provided as scheduled.

#### **Program Activities**

Participants and staff celebrated the December Holidays by bowling and having lunch together.

### **Hampton Veteran's Track**

#### **Program Utilization**

The Veteran's Track is a component of the HDC designed to provide specialized services to meet the needs of Veterans. Currently, the program has seven (7) participants. The participants receive all drug court services, in addition to additional services to meet their specialized needs. Each participant is assigned a Veteran/active duty mentor.

#### **Program Activities**

The program held graduation on Monday, December 12, 2016 with two graduates. Major General Wallace Arnold was the keynote speaker.

#### **Staffing Activities**

Interviews were held for the Veterans Coordinator position and a candidate was selected and will begin on January 21<sup>st</sup>.

## 2. Newport News Adult Drug Court (NNDC)

### Program Utilization

Currently, the program has 28 participants. The NNDC received 1 (one) referral and one (1) new admission. A total of 304 drug/alcohol tests were performed with no positive results. All community partnerships were maintained and services were provided as scheduled.

### Program Activities

The participants and staff celebrated the December holidays with an outing at Century Lanes bowling.

## INTELLECTUAL AND DEVELOPMENTAL DISABILITY SERVICES

**Carol McCarthy, Director**

### 1. **Goal: Maintain financial performance necessary for the continuing provision of quality services.**

#### Adult Residential Services

During the month of December, IDD Residential ensured that program billing was entered in a timely manner. The revenue line report was reviewed by the Residential Services Director to ensure that services were entered into Profiler as provided. There continues to be some glitches within the new Waiver system which has resulted in delayed reimbursement for services. The Residential Services Director continues to follow up with Financial Services and Support Coordination to request assistance as needed when there is a concern with reimbursement.

In recognition of the financial challenges facing the ID Waiver homes, Hampton House ceased operation on December 31, 2016. Hampton House, which had been previously licensed for as many as 12 individuals, discharged its six remaining individuals by December 21, 2016. Two of the six individuals went to other providers and four of them relocated to HNN CSB homes. Briarfield, which is licensed for ten individuals, but had three vacancies due to individuals being discharged for medical reasons and a recent death, was selected by three of the individuals moving from Hampton House. The addition of three individuals to the Briarfield program will result in revenue production which has been lacking since the beds became vacant. One individual selected Terrace Place which has also had a vacancy for the entire fiscal year; however, there was one discharge from Terrace Place this month as well. As of the end of December, there was one program vacancy remaining in the IDD Residential program, and that was at Terrace Place.

The program continues to experience challenges with managing overtime. This is problematic during the holidays due to honoring leave requests and providing overtime holiday pay for the 24-hour program; however, the biggest challenge remains the limitations on part-time staff hours which results in almost automatic overtime when there is a callout or emergency. The Residential Services Director is reviewing the current financial statements and staffing plans to develop an approach to address the challenges faced by the residential program as related to staff overtime expenditures. Two full-time positions have been eliminated from Briarfield and one from Duval in an effort to curb the costs associated with operating those programs.

**Day Support**

For the month of December the program did not meet projected revenue. Creative Options will continue to leave two PT CSA II positions vacant to help offset some of the lost revenue. Program Manager continues to monitor WaMs to ensure Service Authorization Requests are being approved.

**Support Coordination**

During the month of December 2016 a total of 622 and 489 Waiver individuals received services from Children and Adult support Coordinator services. There were two discharges during this period. The Waiver Waiting List consist of 419 individuals (Priority 1-103, Priority 2-209, Priority 3- 107).

The expectation is that there will be an increase in the number of cases given the integration of ID/DD services. As of December, there has been six DD cases assigned to the ID Support Coordinators. These six cases were a result of “Insight”, a DD Provider making the decision to not support DD individuals.

**REACH**

REACH had 131 active clients receiving services within the community. The Crisis Therapeutic Home continues to accept referrals for crisis, step downs, and prevention stays. Other program services provided by REACH are as follow:

103 crisis line month of December- (50 crisis calls, 52 non-informational, 32 had Emergency Services involvement and 16 had police involvement) 10 individuals that utilized the Crisis Therapeutic Home in the month of November. Out of the 10 individuals there were 2 newly admitted and 2 discharged individuals to the Crisis Therapeutic Home for the month of December and 6 carried over from the previous month. There continues to be a number of individuals at the CTH without a dispositional placement or a discharge date. The individuals without a disposition create a financial burden on the program which has been expressed to DBHDS. In fact, this is an issue across the state due to many factors such as lack of waiver resources, experienced providers, and delay in the waiver redesign. The Wavier Slot Allocation Committee meetings were delayed due to the approval of the Wavier Redesign and training for the committee emerges.

Due to behavioral challenges of many individuals in the state, DBHDS is building two homes in the southern and northern region of Virginia. These homes will accommodate up to six individuals for a period of six months to address the complex behavioral needs. We are hopeful that these homes will address some of the dispositional challenges and placement issues.

2. **Goal: To pursue an expansion of services and training so that the H-NNCSB can offer services to ID/DD private providers and agencies within the greater community.**

**Residential**

Person-Centered Thinking Training has been scheduled for February 8th and 9th. This training is conducted by Daphne Cunningham, Residential Services Director, and open to H-NNCSB staff as well as to external agencies. The training is advertised through The Virginia Partnership for People with Disabilities and by DBHDS Community Resource Consultants.

Daphne Cunningham and Deborah Simeon-Dohmann, IDD Program Specialist, are currently working with DBHDS staff to help develop guidelines for the Shared Living service which is a new service provided under the redesigned waivers. Ms. Cunningham and Ms. Dohmann collaborated during the month to develop guidelines and documents for the operation of the program to include accountability for staffing, program planning, and agency oversight. The documents and questions generated from this collaboration will help spearhead this program for the Commonwealth as there are currently no solid guidelines in place. A focus group discussion was scheduled with DBHDS staff for January 4th; however, it was canceled citing the need to further review the proposed forms. The meeting is expected to occur in February.

### **Day Support**

The program begin implementing “Community Engagement” on September 1, 2016. Currently there are three individuals that participate in this program. Department of Behavioral Health completed a Licensing Audit at which time it was noted that the HNN CSB was the first program to implement this new wavier service in Region V. Also, the documentation was in compliance with the service. Due to the service being new, it will be licensed for one year.

### **REACH**

Dr. Yancey, Clinical Director, will offer the following trainings for the agency staff and community stakeholders for this calendar year. The trainings include Recognizing Triggers & De-escalation techniques on 12/20 at the Eastern Shore CSB.

Commonwealth Autism will provide training to the community, stakeholders, and REACH staff on 1/20 and 2/17 at the City Center in Newport News. The trainings include “Focus on Autism and Supporting Communication.” Per the REACH standards, monthly trainings are offered to the community and families.

3. **Goal: Assist individuals with ID/DD in leading more productive and autonomous lifestyles, and to promote healthy choices through premier services, advocacy, and education.**

### **Residential**

The individuals residing in the ID Residential program attended a variety of events during the holidays. They viewed the Celebration of Lights in Newport News, attended various Christmas plays and went to several parties. One individual also attended the Annual Christmas Gala held by Versability Resources. Several individuals spent time at home with family.

### **Day Support**

As a result of the provider self-assessment per CMS final rule, (*\*for more information see Updates/trends below*) Creative Options has developed a team that spends most of their day in the community engaged in activities the individuals choose. There is a sign up for each activity for that day which includes volunteer activities as well as trips to local businesses. Each individual along with their peers selects what they wish to participate in each day. One of the volunteer sites is the Hampton Moose Lodge where the individuals provide light cleaning services. The lodge members invited the team for a Holiday Celebration that was enjoyed by all. The celebration included food, music, and dancing. The individuals had a karaoke signing contest. All individuals were given a mug or a gift card to Starbucks.

Three ladies at the program that enjoy each other's company now participate in community engagement services two days per week. The ladies have become particularly fond of having lunch at Piccadilly where they select their lunch and visit with each other. One of the individuals on this team has become noticeable more communicative with peers, staff and others in the community as a result of this service.

The individuals participated and enjoyed the Annual Christmas party held at the Newport News Moose Lodge on 12/9.

#### **4. Updates/Trends (Federal, State, Local)**

##### **Residential**

The Direct Support Professionals (DSP) are required by DMAS to demonstrate proficiency on a set of competencies in order to ensure their ability to deliver person-centered services. Additional competencies are required for staff serving individuals with significant medical, behavioral, or autism needs as defined by their assessment scores. The deadline to complete the competencies is February 28, 2017. The Residential supervisors have begun working to complete the checklists that document these competencies for their staff.

##### **Day Support**

The annual Veteran's Administration Inspection was conducted on 12/1. The final report has not been received. Two individuals from the former Adult Day Care requested to remain with the CSB as part of Creative Options when Adult Day Care closed. The Veteran's Administration provides funding for their service.

The Direct Support Professionals and Supervisors are required by DMAS to demonstrate proficiency on a set of competencies in order to ensure their ability to deliver person-centered services. The Program Manger has completed the DSP and supervisor competencies checklist for the supervisors; the Health and Behavioral support competencies will be completed by February 28, 2017. Currently we do not have any individuals that will require staff to complete the autism competency.

As part of the Waiver Redesign, Creative Options is required to meet the CMS Home and Community Based Setting (HCBS) Regulation Final Rule. All Home and Community Based Waiver providers were required to complete the provider self-assessment per CMS final rule. Creative Options completed this in January 2015. Creative Options assessment determined the program was partially compliant with "The setting optimizes but does not regiment individual initiative, autonomy and independence in making life choices". The program assessment indicated fully compliant with the other requirements. Providers have until March 17, 2019 to come into full compliance with the HCBS settings requirements. (*\*see above for specifics as to how Creative Options is working towards full compliance*)

##### **Support Coordination**

Ms. Gail Schreiner received an award/recognition from her office at DBHDS for submitting thorough and detailed Mortality Review Packets. She further stated that she would not have been able to achieve this notable recognition without the help of the Support Coordinators and Supervisors. Per Gail her quote was "We know that submitting the necessary documentation for death packets is an added responsibility. We appreciate your diligence and timeliness with

accomplishing this task. Your work and dedication is definitely being recognized. Keep up the amazing work.”

### **REACH**

The Reach program has made significant changes in the past six months. The administration has developed system changes within the REACH program resulting in an efficient and effective program. There has been an increase in referrals, enhanced data reporting, and an improved staffing plan. Consultation with Region III has resulted in the REACH staff becoming proficient in managing and accurately reporting program data. The hiring of a hospital liaison has resulted in enhanced coordination of REACH services. The program has revised and implemented program polices and the CEPP document to comply with REACH requirements.



## **MEETING OF THE BOARD OF DIRECTORS**

**Thursday, December 15, 2016, 5:00 p.m.**

**CSB Campus Board Room**

Present: Dr. Spencer, presiding; Mrs. Bethune-Hill; Mrs. Cieszynski; Mrs. Dahlen; Mrs. Davidson; Mr. Gray; Mrs. Owens; Sheriff Roberts; Ms. Russell; Mrs. Stewart; Mr. Supler; Mrs. Thomas; Dr. Williams Hunt

Staff Mrs. Christian; Mr. Crisp; Dr. Bond-Artis; Ms. Cipriano; Mr. Deisch; Dr. Gill; Mrs. Hartigan; Mrs. Hogge; Mrs. Hunt; Ms. Newlon; Mr. Simons; Mrs. Sydnor; Ms. Thompson; Mrs. Whitaker; and Ms. Mercado

Guest Mrs. Hainsworth

### **CALL TO ORDER**

Dr. Spencer called the Meeting to order at 4:58 p.m. as he welcomed all of the Members, staff and guests to the last meeting of the year for Members of the Board of Directors for the Hampton-Newport News Community Services Board.

### **BOARD MEMBER ATTENDANCE**

Dr. Spencer advised Members of the Board that both Mr. Thomas Morehouse, III and Mrs. Wanda Rogers had communicated to staff their inability to attend the Meeting of the Board of Directors.

### **REMARKS OF THE CHAIR**

Dr. Spencer informed Members of the Board, guests and staff that in recognition of the Holiday Season, a dinner was provided by the Executive Leadership Team for them to enjoy. Additionally, Members were advised during the Board Meeting that they would receive an overview of the “REVIVE” Program by Mrs. Patty Hartigan, Director of Substance Abuse Services, and Ms. Alethea Lambert, Peer Services Coordinator. Moreover, and in relation to the “REVIVE” Program, Dr. Spencer noted Members would be provided with potential dates to attend a

REVIVE Training in partnership with Members of the Executive Leadership Team sometime in January 2017, and that Members of the Board should have already received a purple package with information on how to properly dispose of opioid to help in keeping prescriptions out of the wrong hands. Members were asked to see Ms. Mercado if they did not receive a medication disposal package.

**INTRODUCTIONS** Mrs. Christian introduced Mrs. Sherry Hunt, the CSB's new Development and Development Director noting her excitement. She advised Members that that Mrs. Hunt will guide staff through components of its new Strategic Plan, coordinate rebranding the CSB, and work on CSB communications with the citizens of Hampton and Newport News. Mrs. Hunt advised the Board of her past work as the Chief of Staff for the City of Suffolk. She also worked as the Intergovernmental Projects Manager where she worked with Legislators in both Richmond and in the Federal government. Mrs. Hunt added that she also worked as the city's Grant Administrator. She added that she was glad to be working with Members of the Board and ready to do great things for the agency.

Mrs. Christian also introduced Mrs. Theresa Sydnor to Members of the Board as she reminded them of the recent invasion at the H-NNCSB Briarfield residence. Mrs. Daphne Cunningham, Residential Program Coordinator, recognized Mrs. Sydnor for her courage during the incident and presented her with a Certificate of Appreciation. Mrs. Christian provided Members of the Board with an update on the incident noting that the Agency is very proud of Mrs. Sydnor because she is so passionate about the individuals we serve, so much so that she put herself at risk during the home invasion. Mrs. Sydnor was applauded for her efforts.

## **PUBLIC COMMENT**

Following a brief break to enjoy the December Holiday festivities, Mrs. Christian introduced Mrs. Hainsworth who briefly addressed Members of the Board of Directors. She noted that she was present to learn what the CSB was all about and its available supports. Mrs. Hainsworth was welcomed and was provided with Mrs. Christian's contact information.

## **REVIVE PRESENTATION**

Mrs. Patty Hartigan, Substance Abuse Services Director, provided Members with a presentation of REVIVE noting that the CSB has been actively working to assist in the opioid crisis in the community which has increased locally and nationally. One

area where the CSB is assisting in the REVIVE Training Program where individuals are trained to save people experiencing an overdosing episode with Naloxone for lay rescuers.

In the training lay rescuers learn about the signs of an overdose and how to recognize a person overdosing which becomes problematic. She noted that this is more difficult for family members who are used to seeing it. It was reported that as an Agency about 10-15 staff have completed the REVIVE Training which is conducted through the Dept. of Behavioral Health and Developmental Services which is about 2 hours how to administer the drug, naloxone. She noted that following the training, lay rescuers get a prescription to help rescue individuals experiencing an over dose. Mrs. Hartigan and Members held discussion regarding governmental regulations, the names of a few pharmacies that can fill naloxone prescriptions, the procedure and additional information provided in the trainings.

Mrs. Hartigan continued that the training is available to anyone as she briefly explained the REVIVE procedures. She also noted that the state is seeking to track the number of individuals saved who are overdosing. The goal of the CSB is to make sure the training is available in the community to keep individuals safe. Interventions are also being provided to customers of the CSB.

Mrs. Hartigan also informed Members of the Medication Disposal Kits which were passed out to Members of the Board. She noted how a lot of individuals have opioid prescriptions left over and that the kits are being used to help with the disposal of opioid and other medications individuals may have in their medicine cabinets. Members briefly discussed drug take backs and other ways individuals should and should not dispose of medications. In additional discussion, it was noted that medications should be kept in lock boxes or individuals could also keep a count of their pills.

In response to a question regarding community awareness, Mrs. Christian advised that staff hold monthly trainings to the public, as she posed the date of January 31, 2017, as an opportunity for Members of the Board to participate in the REVIVE Training with the Executive Leadership Team. Following additional discussion, Dr. Spencer reminded Members of the Board to remember to let staff know of their interest in attending the voluntary REVIVE Training scheduled for Tuesday, January 31, 2017, at a time to be determined.

## **ACTION ITEM**

- A.1** The **Minutes of the Board Meeting held on November 17, 2016**, were unanimously accepted as presented.

## **COMMITTEE REPORTS**

### **Budget, Finance and Audit**

In the absence of Mr. Thomas Morehouse III, Committee Chair, Mr. James Gray, Jr., reported that Members of the Budget, Finance and Audit Committee held their last meeting on Monday, December 12, 2016, at 4:00 p.m., where Members took “A Closer Look” at the Financial Statements and Operating Results through October 31, 2016, of the Hampton-Newport News Community Services Board and its entities, namely the H-NNCSB Property Company, Inc.; Share-A-Homes of the Virginia Peninsula; Dresden, LLC; and Trust for Disabled Persons. He noted that a report of their meeting was provided for Members to review in their red folders.

Mr. Gray continued that briefly, Members of the Committee were informed that staff will begin the FY17 Budget Reforecast Process at the end of December which will be used to both bring programs back into alignment and help staff in forecasting the FY18 Operating Budget. Staff anticipate reporting reforecast results at the February 2017, meeting of the Budget, Finance and Audit Committee. He also advised that Members of the Committee received information regarding projected Cash Balances for the CSB from Ms. Newlon, Chief Financial Officer.

Mr. Gray noted that Members also reviewed and discussed the H-NNCSB Divisional Net Income and Variance Analysis; Over Achiever and Watch Listings; and the Comparative Balance and Profit & Loss results for H-NNCSB entities noted earlier.

Finally, it was reported that Members of the Committee were informed of the anticipated closing of Hampton House, a 12-bed group home of the H-NNCSB. Mr. Gray stated that Mrs. Christian advised Members that when the home opened many years ago, it was originally a 12-bed home which was later downsized to a 10-bed home. It was reported that currently, there are only 5 occupants in this large home, and it was no longer best practice to have large group homes for individuals with intellectual disabilities. Mrs. Christian further explained that the large group homes are also not fiscally sustainable.

She continued that Hampton House is owned by the City of Hampton, and will be returned to the City. Members of the Committee were advised that the remaining 5 individuals receiving services at Hampton House would either move into existing vacancies in other CSB group homes or move to other providers. Moreover, Mrs. Christian noted there would be no layoffs due to the closing as staff of the home will be transferred to other residential homes in the H-NNCSB. In closing, Mr. Gray reported that Hampton House was scheduled to officially close on December 30, 2016, as he advised Members of the Board of the next meeting of the Budget, Finance and Audit Committee scheduled for Monday, January 23, 2017, at 4:00 p.m. and invited all Members of the Board to attend.

### **Community Relations/ Governmental Affairs**

Mrs. Beatrice Dahlen, Committee Chair, reported that Members of the Community Relations/ Governmental Affairs Committee met on Monday, December 12, 2016, at 5:00 p.m., following the Budget, Finance and Audit Committee meeting held that same date. She advised that the Agenda included information and discussion on General Assembly Updates, Local Initiatives, Board of Director Events, Board Advocacy, the Virginia Association of Community Services Board's Legislative Conference, Advocacy Group Updates, and other upcoming events.

Regarding General Assembly Updates, Mrs. Dahlen reported that Members of the Committee received reports from staff regarding legislative recommendations to the General Assembly that had come out of the work of the Deeds Commission earlier in the month. She noted that staff advised that the group released a number of Bills to present to the General Assembly. It was reported that the state had also decided not to move forward with the Certified Community Behavioral Health Clinic model (CCBHC) due to lack of sufficient funding and instead put forth the STEP Virginia model. Mrs. Dahlen advised that reportedly, the STEP Virginia model had been embraced by the Deeds Commission and is included in the recommendations from the Commission to the General Assembly.

Mrs. Dahlen advised that staff also summarized other recommendations that would be put forth by the Commission which can be made available to Members upon their request. It was noted that while the *Code of Virginia* only requires CSBs to provide emergency services and case management. The SJ47 Commission bill supporting STEP Virginia would require changes to the *Code* to mandate that CSBs provide the other services, such as same day access and integrated care. It was noted that the goal of STEP Virginia is to improve the behavioral health care system and to achieve consistency in services provided by CSBs throughout the Commonwealth.

Members of the Board of Directors were informed that staff and Members of the Community Relations / Governmental Affairs Committee were in the process of scheduling individual meetings with local Legislators to provide them with executive briefings of facts and information on the wide array of services that the H-NNCSB provides prior to the session. Mrs. Dahlen advised that H-NNCSB provides all of the services identified in the STEP VA recommendations except for same day access.

Members of the Committee also received a report from Mr. Crisp on the recent Hampton Roads Regional Jail Summit conducted by Secretary Hazel and Secretary Moran, where challenges faced by the Jail were discussed.

On the local front, Members received updates on the implementation of the Independent Assessment Certification and Coordination Team (IACCT), to be implemented on January 1<sup>ST</sup>. It was noted that staff are currently in a waiting mode for further information from Magellan on this program, and the Cities of Hampton and Newport News have contracted with our CSB to coordinate the assessment of children referred to residential treatment.

Members also received reports and information on: the Hampton Drug Treatment Court Graduation scheduled on Tuesday, January 10, 2017; a special Veterans Track Graduation Ceremony held on December 12<sup>th</sup>; a regional General Assembly Legislative Event being planned for the first week in February in Richmond; and the VACSB FY17 Legislative Conference scheduled for January 17<sup>th</sup>. Please note that a copy of the VACSB Conference Agenda has been provided in your red folders.

Finally, Members received Advocacy Group Updates and information regarding activities of NAMI and SAARA. Detailed information was also provided by staff on REVIVE training activities for Members of the Board, as well as a report from Mr. Soltys on the Virginia Veterans Family Support Committee.

In closing, the next meeting of the Community Relations/ Governmental Affairs Committee has been confirmed for 5:00 p.m. on Monday, January 23, 2017.

## **CONSIDERATION ITEMS**

In the area of Consideration Items, Dr. Spencer stated that as stated earlier in the meeting, staff have opened the invitation for Members of the Board to participate in a special REVIVE Training with Members of the Executive Leadership Team scheduled on January 31 2017. He noted that another item for Members to consider,

which was recently announced was the Hampton Drug Treatment Court Graduation and that formal invitations from the Judges of the 8<sup>th</sup> Judicial Circuit requesting the pleasure of their company at the next graduation scheduled for Tuesday, January 10, 2017, at 3:00 PM was provided for them in their red folders. Dr. Spencer also took the opportunity to remind Members of the Board of the upcoming VACSB 2017 Legislative Conference scheduled primarily on Tuesday, January 17, 2017, in Richmond. Members were informed that information regarding the event had also been provided for them in their red folders. Moreover, Members of the Board were reminded of the Community Relations / Governmental Affairs Report where Mrs. Dahlen, Committee Chair, mentioned that the Committee is also planning their Regional CSB Annual Legislative Event in Richmond the first week in February.

Members of the Board were asked to confirm their attendance at any or all of these events with Ms. Mercado as soon as possible and to mark their calendars accordingly.

## **INFORMATION ITEMS**

Dr. Spencer also reminded Members of the Board of the five Information Items they received in their December Board Package as Mrs. Christian elaborated on the following information provided to Members in their red folders as follows:

### **State Budget Public Hearings**

Members were advised of the upcoming 2016-2018 State Budget Public Hearings scheduled for Wednesday, January 4, 2017 at Christopher Newport University's David Student Union Ball Room at 12PM. Mrs. Christian advised Members of the Board that both she and Mrs. Hunt will be speaking at the Hearings as she opened up an invitation for Members of the Board of Directors to attend and speak on behalf of the H-NNCSB. Members were advised that talking points would be provided by Mrs. Hunt and Mrs. Christian.

### **Executive Briefings**

Mrs. Christian reported that she and Mrs. Hunt have been working to meet with Local Legislators in various ways, individually, at the upcoming Public Hearings in January, and at the Legislative Breakfast Event that is being planned for February in Richmond. She advised that the goal of these meetings is to educate legislators about critical issues impacting CSBs. Mrs. Christian advised that CSBs are very pleased that the Governor has included additional funding for mental health in his budget amendments.

### **Holiday Festivities**

Mrs. Christian wished Members of the Board "Happy Holidays" as she noted that the dinner and box of chocolates were just a small way to thank the Members of the Board for their service.

**Best Housing  
Project Award**

Ms. Cipriano was asked to report on the Housing Award recently received by H-NNCSB at the Governors Housing Conference in Roanoke, VA. She noted that the Awards is determined by the top housing authorities in the State such as the VA Housing Dept. Authority and VA Dept. of Housing and Community Development and the CSB received the Best Housing Project for 2016 for the redevelopment done at Smith Phoenix. It was noted that the H-NNCSB was the only one in the state to receive this prestigious award, and that it was received twice.

**Newport News  
Boys Conference**

Mrs. Hogge reported on the NN Boys Conference which went very well where approximately 400 youth attended between the ages of 11-17 years old. She noted they has excellent presenters at the event held at Bethel High School It was reported to be a very inspiring and encouraging event for the youth. Staff was very pleased of one of the CSBs Drug Treatment Court graduates who is completing law school also was one of the presenters. Mrs. Hogge noted that the schools did a wonderful job and was a wonderful host for the event. The collaboration was an excellent example of the great relationship the CSB has with the schools.

**CLOSING  
COMMENTS**

In closing, Dr. Spencer provided the January 12, 2017 meeting date of Members of the Nomination and Selection Committee, and Mrs. Christian reported several Standing Board Committee meetings coming up in January 2017 to include the Board Quality Management Committee and Strategic Planning Committee. It was noted that Members of the By-Laws Committee would let Members know when they would be ready to meet shortly.

Members were also asked to take a little time to look at the Board Meeting Calendars and other information in their Red Folders. Dr. Spencer thanked the staff for the repass, gifts, and their services throughout the year as he wished all a Happy Holiday Season.

**ADJOURNMENT** Given no further business, the Meeting was adjourned at 6:05 p.m..

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Dr. Turner Spencer  
Chair

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Mrs. Beatrice Dahlen  
Secretary

# FY17 Monthly Planner

## January 2017

02		<b>HOLIDAY OBSERVED - CSB CLOSED</b>
03	11:30 am	Executive Leadership Team
05	12:00 pm	H-NNCSB Physicians Monthly Meeting
09	9:00 am	HPR-V Executive Directors Regional Meeting
09	1:30 pm	Newport News CPMT
10	11:30 am	Executive Leadership Team
<b>11</b>	<b>4:00 pm</b>	<b>Board Quality Management</b>
<b>11</b>	<b>5:00 pm</b>	<b>Strategic Planning Committee</b>
<b>12</b>	<b>4:00 pm</b>	<b>Nomination and Selection Committee</b>
16		<b>HOLIDAY OBSERVED - CSB CLOSED</b>
17		<b>VACSB 2017 Legislative Conference</b>
<b>17</b>	<b>5:30 pm</b>	<b>Local Human Rights Committee</b>
23	9:00 am	H-NNCSB Management Team
<b>23</b>	<b>4:00 pm</b>	<b>Budget, Finance and Audit Committee</b>
<b>23</b>	<b>5:00 pm</b>	<b>Community Relations / Governmental Affairs</b>
24	11:30 am	Executive Leadership Team
26	12:00 pm	NN Youth and Gang Violence Reduction Steering Committee
26	2:00 pm	Hampton CPMT
<b>26</b>	<b>5:00 pm</b>	<b>CSB Board of Directors</b>
31	11:30 am	Executive Leadership Team

# FY17 Monthly Planner

## February 2017

06	9:00 am	HPR-V Executive Directors Regional Meeting
07	11:30 am	Executive Leadership Team
13	1:30 pm	Newport News CPMT
14	11:30 am	Executive Leadership Team
<b>16</b>	<b>4:00 pm</b>	<b>Nomination and Selection Committee</b>
20		<b>HOLIDAY OBSERVED - CSB CLOSED</b>
20	9:00 am	H-NNCSB Management Team
21	11:30 am	Executive Leadership Team
<b>21</b>	<b>4:00 pm</b>	<b>Budget, Finance and Audit Committee</b>
<b>21</b>	<b>5:00 pm</b>	<b>Community Relations / Governmental Affairs</b>
23	12:00 pm	NN Youth and Gang Violence Reduction Steering Committee
23	2:00 pm	Hampton CPMT
<b>23</b>	<b>5:00 pm</b>	<b>CSB Board of Directors</b>
28	11:30 am	Executive Leadership Team